

Tips for the 3 Wishes Project

- Call Ahead and schedule a date with nursing home staff for this project if you are a school.
- Bring a sharpie to label clothing and items as you hand them out
- Bring a clipboard to assist with room to room writing
- Send a copy of the 3 wishes wish list instructions on page 2 to facility in advance so staff can begin to educate residents of the project and why the students are coming.
- There will be restrictions on their wishes. The kids need to understand the residents will ask for things that are not allowed or may not be feasible. Redirection is needed when residents are having trouble with a “wish”.
- It’s a good idea to have back up wish items in case the desired items are out of stock or not allowed.

WISH LIST

Student: _____

Resident first name _____ room number _____

Hello, My name is _____ (speak clearly and loudly)

“Our school is here today to be **kind** to others.

We will be going to the store today and I would like to buy _____ of your favorite things. Some people are buying a book, pocket t-shirt, soda, a pair of socks, favorite snack, toothbrush, shampoo and items like this.

If I could bring you any _____ things, what would they be?

What are your favorite things? I’d like to write them down. This is FREE!!! It does not cost you anything.”

If they list food items- must check with a licensed nurse for diet approval.

** (If they do not list items, try to look around the room at items they already seem to like. Is there a type of snack out? Soda? Do they seem to need something to spruce up the room? Do you see stuffed animals, themes, colors?

Take some notes if the patient won’t give you a good answer. You may have to ask the staff for tips.

Remember- not every resident will accept help or will need help and that is OK.

Notes: _____

Wishes (you may only have one)

- 1. _____
- 2. _____

Have above items approved with a licensed nurse before shopping and handing to resident to make sure any food items are diet approved, toiletries are safe in the room, etc.

Has above been approved

Yes _____ Nurse initials _____

Student _____